# The Boondocker Chatter **Senator Wash's Newsletter**

newsletterforsenatorwash@gmail.com

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Volume 1, Issue 4

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### BLM Update (Bill Alexander)

I wanted to share with you that Martin and Paul have added an extra set of hot water tanks to the 3 main used shower buildings down at Squaw Lake. I believe that those additional units have remedied the "Running Out Of Hot Water" issue that had plagued us.

We also figured out that we are getting small irregular disruptions to the power and it causes the showers to shut off before time was really up. To remedy this issue we are installing uninterrupted power supplies so that the "electronic brain" can keep track of the shower duration whether the power stops or not. This should remedy the short shower issue!!

By the time everyone returns this next season we will have converted the showers over to tokens, The paper money converting token machines will be located on the small building near the middle bathroom at Squaw Lake. Each token will be \$1.00. The good part is that \$1.00 will now buy a person what \$1.50 currently buys for time in the water. Its a great deal for our users, and will help alleviate the logistical issue we have with hauling quarters back to town.

Please spread the word for folks to use caution at the water point. We have had a couple of issues with the poles being backed into, and I recently learned that someone actually broke one of the wooden posts and cable posts. I would like to keep things easily accessible for everyone, but safety and

repair expense could require me to implement changes that would likely be unpopular.

I think as a whole things run pretty well out there with our public, volunteers and staff all working toward the common goal of having a great camp ground. Thank you!

### **Articles and Information for the Summer**

Since this is the last Boondocker Chatter for the season, any "ketchups" or information that you would like to send out to all the "desert friends" needs to be sent to Mary— Vixen maryvix-

en1944@yahoo.com She will

be sending out the Birthday/Anniversaries and other tidbits until the first Boondocker Chatter comes out next season. I will let Vixen know when I am accepting articles. Thank you for your support and I hope that everyone has a great summer. See you all next

year. The Editor

## Health Tip of the Month: Lifestyle Changes for a Long and Healthy Life (Lyn-Desert Rain)

Spending our winters in the desert is such a fun, enjoyable, time. We can be as active, as busy, as quiet, as crazy as we want. It's a good time to make changes for better health. The goal is long term. Small changes are easier to stick with than big changes. Any healthy lifestyle change is better than no change at all.

Look at your weight. Don't just look at the number on the scale, but look at how you feel, how your clothes fit, how you're moving around these days. You know if this applies to you. Rather than starting a new diet, just make one small lifestyle change. Choose

one of the following or make your own healthy new rule. As an example:

No more eating after a certain time in the evening, maybe 7:00. Just brush your teeth and stay out of the kitchen.

Give up eating cookies, candy and cake. Just tell yourself you can't have it and you have to choose something else to eat.

Stop eating white stuff. No white flour, white sugar, white potatoes.

Eat a good breakfast. Make breakfast the largest, best meal of the day.

Look at the amount of physical exercise you are getting. Don't just look at the time you spend exercising, but look at how you feel. How's your energy level these days? How well are you able to move around? How soon do you get tired or short of breath? One small lifestyle change can make a big difference over time. As an example:

Add a 10 minute walk after dinner.

Put on your favorite music and dance, maybe all by yourself, and smile.

Join an exercise group or start one yourself.

Begin a gardening project.

Do some activity you love to do and do it just for you.

Look at your blood pressure. It's just a number, but

the goal here is to prevent heart disease. Make a commitment to check it at least once a month. Blood pressure for those over 60 without diabetes or kidney disease should average out below 140/90. Make that doctor appointment.

Try not to dwell on your faults and shortcomings. If you've made it this far you know you're doing something right. Have a great summer, wherever you are. Have fun, whatever you do, and enjoy a long and healthy life. I hope we all meet back in the desert in the fall.

#### **Articles for Next Year**

Many of us have reached our summer homes and others are still on their way. Still others are in their permanent home, maybe longing for their traveling days.

We think fondly of the place we meet each winter (which seems more like summer or spring). So many things to do, potlucks, rides, hikes, and golf. Then, there is aerobics, yoga, RC car racing, RC planes, and many more.

But now other things occupy our minds and our calendars. There are family reunions, old friends to see, yardwork to do, and grandchildren to spoil. If you do something special this summer write a short (or long) summary of your event for The Boondocker Chatter next year.

Also I would like some stories from those who have had to give up camping about what it was like when you were camping on the desert. We know what goes on today, but may be woefully ignorant of what went on in the past.

There are those out there who write poems and short stories. We have photographers and artists whose work we can feature, but I need to know who they are.

You can contact me at the e-

mail address at the top of the newsletter, or if you don't have e-mail, you can send any thing to Susan Anderson

> 9226 SW Meadow Rd Terrebonne, OR 97760

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## April Angels Angles (Joyce—Angel)

The Liberry and its support trailer have all been moved to their summer home at the CSC. Teddy and Boonie tucked in their cool, dry cave to hibernate during the heat which is really "NOT BEARABLE"

Books are now locked into place with lengths of colorcoded conduit, and covered with dust covers, to help keep some of the dust off of them. Remember, for those who took multiple books. Please please please return them or replacements in the fall. I've been keeping track, and the most popular genres are: Fantasy, Science Fiction, and Paranormal Romance. It seems we all want to get away from real

life for a while.

Also on our return, remember it IS an exchange Liberry, surely you have one or two books you can donate for the 5-6 you take out. Also, as always NO hardbacks, except large print. No religious, cookbooks, magazines. or xrated either. We will try to reopen by October 15, but please don't overload us with all your returns until some of our great staff returns. I'm happy to say, MJ and Leona, Gloria, Karen, Lorre, and Lynn have already committed to be Liberrians again, with a couple of other possibilities. Linda and Preacherman will once again. Help with recycles, we could use another one or two to back them up Our Custodian Steve is also standing by to help when needed. I'm thinking about a monthly Q &A session to mAke our Liberrians jobs easier, with suggestions always welcomed though not always taken. LoL. Now be safe all, and stay in touch at Our Liberry on Facebook. Our email our-liberry@yahoo.com. your Angels

### Sauerkraut & Sausage Potluck (Mary—Vixen)

Despite very warm days & nights lately, we had a great crowd for the season's last potluck, sauerkraut/sausage. About 65 people attended, as well as some very entertaining musicians. Thank you to each of you, as well as our "pot stirrers"

Bomber D & North

Wind. Thank you to all who helped set up, serve everyone, & clean up.

Another great winter season filled with so many blessings, our biggest blessing is our desert family. Hope everyone has a safe & fun summer, hoping to see you all back here this fall.

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### CB Handles II (Don-Roamin' Sandal)

I'm sure there'll be a next time, Were my words a year ago. When I wrote of the many "handles," Heard on my C.B. radio.

And now with your indulgence, I would like to relate The following additions, Of your handle and your mate.

I heard Redneck and Georgia Peach Digger and Yankee Belle Another, Luck Warmwater, Bulldog and Seagull.

Old King Cole and Merry Old Soul, Buckshot and Bee Bee, Sidewinder Two, and Raggedy Ann The UG Lee and the Home Lee.

I heard Plumb Bob and Miss Kitty And the Idaho Flat Top, Gentle Ben and Zoo Keeper Killin' Time and Kilo Watt.

Wheel Knocker and Birdwatcher, Too Tall and Leavorite. I heard the Stubble Jumpers Star Gazer and Starlight

Handyman and Lucky Lady Trailblazer, Tag-A-Long, Ally Oop and Oola. And I hear the Vagabons.

There was Sparky and the Chicken A Pair called Crash and Spook. Tee Pee Tuff and Bedrock, Pistol Pete and the Kookie Uke.

And next, Born Twice and Goin' Up There was If-N-I and Go A young one Gypsy Spirit, Red Buck and Red Doe.

I heard Spaceman and Comet Lazy J.P., Lily Pad, The Old Goad and Nanny Bwana and Memsaab.

Thunder Butt and Squatty Body, I heard the Count and Teacher, One called Roller Derby Kid, And one the Penny Pincher.

Six Dollar Man and G.G. Muleskinner, Navajo, One calls himself The Killer Bee, There was Hiawatha and Hondo.

A couple called The Mountaineers Beechwood, Beaver Bill, There was Ace and Chili Pepper, Hard Luck Guy and Gal. It was then Blue Goose and Maggie, Chipmunk and Polar Bear, Friendly Frog and Polywog, And one called Morning Star.

I heard Crescent Wrench & Hot Lips, Cornflakes and Special K, There was Nadia and the Captain, Big A and Little J.

Ragman and Tack hammer Cesspool and Little Drip, Pineapple and the Barefoot Boy, And another called Shorttrip.

Hatchetman and Rosy, C.R.S. and Hummingbird, Granny J and Gringo, Were two more that I heard.

Gopher, Lady Gopher, Guitar Picker, Misty Blue, Lamplighter, Sunshine Lady Peaches and Hot Shoe.

Toots and the Doughnut Dunker, The Yellowbird and Taw. Dark Cloud and White Thunder, And the Kid, they call Choctaw.

Yogi-Bear and Boo Boo, Yellow Dog and Silly Filly. There was the handle, Yankee Lady, And another called Hillbilly.

Next I heard was "A Bee Farmer" And his mate "A.B. She" The Canada Goose and Beaver, Redeemed and Set Free.

Transiteye and Bon Bon.
All Ears and Traveling' Man,
Blue Max and Little Beaver,
Melba Toast and Blade Man.

Happy Hobo, Tanglefoot, Carpenter and Red Bird, The Deacon and the Rebel Were two more that I heard.

Silver Dragon, Dragon Lady, Frenchi and Cherie, Big Jim and Belgian Waffle, Belgian Stud ad Honey Bea.

Next time was Loonie Bill and Diller. Then came Hobo and Pepsi, Sea Hawk and Little Tulip. And one simply called, L.B.

I heard M & M and the Dummy, Happy and Robinhood, The Boondockers, Kootenay Couple. One calls himself Dagwood. Teeny, Easy Rider, Deck Hand and the Skipper, Annamosa Boy, Bonifay Girl, The Big and Little Dipper.

One tells us he is Home Alone, But, we know that isn't true. I also heard of Moe and Joe And the Flying W.

Boombox and Lady Kilowatt, Hobo and Gravel Gertie, And there was Will on the Hill And his partner Paintin' Pretty.

Hominy Grits, Clam Digger, Shoemaker, Baby Doll, Night Hawk and Morning Glory, Spaghetti and Meat Ball.

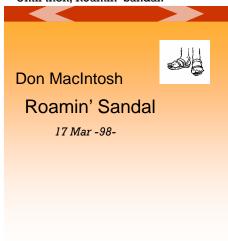
I heard Phantom, Phantom Lady, Pocono Fox, and Pocono. There was Patty Cat and Channel Cat, Swamp Rabbit and Sweet Flo.

Dune Daddy, Sandy Mama, Flying Corsair, Chatterbox, Epptides and the Whiz Kid, Foxy Lady and Silver Fox.

Lil' Hustler, Country Honey, Darn It and Me Too, The Wayward Fawn and Twinkle, Stump Jumper and Donna Q.

I heard Nanook and Muktuk, Jaq Toy and Mademoisel, Hide Out Bob, still hidin' out. Rod Bender, Tinker Belle.

And one again my friend, I say, "If I have missed your handle, I'll be listening out on Ch. 12, Until then, Roamin' Sandal."



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### 86-year Old Lady's Letter to Bank (Unknown)

#### Dear Sir:

I am writing to thank you for bouncing my check with which I endeavored to pay my plumber last month. By my calculations, three nanoseconds must have leapsed between his presenting the check and the arrival in my account of the funds needed to honor it. I refer, of course, to the automatic monthy deposit of my entire pension, an arrangement which, I admit has been in place for only eight years. Your are to be commended for seizing that brief windo of opportunity, and also for debiting my account \$30 by way of penalty for the inconvenience caused to your bank.

My thankfulness springs from the manner in which this incident has caused me to rethink my errant financial ways. I noticed that whereas I personally answer your telephone calls and letters,—when I try to contact you, I am confronted by the impersonal, overcharging, pre-recorded, faceless entity which your bank has become.

From now on, I, like you, choose only to deal with a flesh-and-blood person. My mortgage and loan repayments will therefore and hearafter no longer be automatic, but will arrive at your bank, by check, addressed personally and confidentially to an employee at your bank whom your must nominate. Be aware that it is an offense

under the Postal Act for any other person to open such an envelope.

Please find attached an Application Contact which I require your chose employee to complete. I ame sorry it runs to eight pages, but in order that I know as much about him or her as your bank knows about me, there is no alternative. Please note that all copies of his or her medical history must be counter signed by a Notary Public, and the mandatory details of his/her financial situation (income, debts, assets and liabilities) must be accompanied by documented proof.

In due course, at MY convenience, I will issue your employee with a PIN number which he/she must quote in dealings with me. I regret that it cannot be shorter than 28 digits, but again, I have modeled it on the number of button presses required of me to access my account balance on your phone bank service. As they say, imitation is the sincerest form of jlattery. Let me level the playing fields even further. When you call me, press buttons as follows:

IMMEDIATELY AFTER DIAL-ING,PRESS THE STAR (\*) BUTTON FOR ENGLISH

#1 To make and appointment to see

#2 To guery a missing payment

#3 To transfer the call to my living room incase I am there

#4 To transfer the call to my bedroom

in case I am sleeping

#5 To transfer the call to my toilet in case I am attending to nature

#6 To transfer the call to my mobile phone if I am not at home

#7 to leave a message on my computer (a password to access my computer is required)

The password will be communicated to you at a later date to the Authorized Contact mentioned earlier.

#8 to return to the main menu and listen to options 1-7

#9 To make a general complaint or inquiry. (The contact will then be put on hold, pending the attention of my automated answering service.)

#0 This is a second reminder to press \* for English.

While this may, on occasion, involve a lengthy wait, uplifting music will play for the duration of the call. Regrettable, but again following your example, I must also levy and establishment fee to cover the setting up of this new arrangement. May I wish you a Happy, if ever so slightly less prosperous, New Year?

Your Humble Client

(And remember: Don't make old people mad. We don't like being old in the first place so it doesn't take much to tick us off)

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Do we have your birthday? Your anniversary? Your email address? When we email, we use BCC (Blind Carbon Copy) so no one sees your email address. You can email me @ maryvixen1944@yahoo.com or come & visit @ the north end of Skunk Hollow.



#### "APRIL"



1st: Gypsy Kathy

Galt/Butterfly

Wild Bill

3rd: Lost & Found

**Pink Foot** 

4th: Cookie

5th: CSC Howie/Cathy Star Blazer BC Leroy/Shirley

Music Row Jeannine

6th: Highpockets

Tavi

7th: NW Ace High Lenny 8th: Chuck/Mary Lang

Sour Dough Gypsy Girl

9th: Tree Planter/Woof Woof

10th: Washington Bruce

12th: Bad Wrench/Scorpion Hunter Hawkeye Jerry (Murphy Flats)

13th: CSC Bill J

14th: Rambo/China Doll

15th: Dusty Shoes/Landline

Snickers

The Beauty **HR Vonnie** 

16th: Second Chance/King's Lady

Landsailor

Rainbow/Sunshine

17th: CSC Norm/Dagnie

18th: Buckeye Little John/Gypsy Girl

Sis Marge

19th: Big Dipper

**CSC Rebecca** 

Jeff (Kathy)

20th: Cajun Woman

Casper

Lightfoot

21st: Echo/Shadow

Sparky

22nd: Dead Eye/Shopping Cat

23rd: Snowbird Gramma

**Daddy Warbucks/Patience** 

24th: One Way

25th: Philip (Santa)

26th: Knitwit

**Canadian Silver Fox** 

Plain Jane

27th: Music Row Dave/Jeannine

29th: Shadow Rider

**Rver Jeanette** 

30th: Shaker